

ActewAGL wins program award

ACTEWAGL was presented with the Best Workplace Health and Wellbeing program award by Attorney-General, Simon Corbell, MLA at the Safe Work ACT awards, held on October 22 at The National Convention Centre.

The award recognises the outstanding benefits offered to employees under the ACTIVE Health and Wellness program, which offers employees a comprehensive range of benefits, including free gym memberships, individual health and fitness assessments, individual coaching consultations, a variety of health and wellness forums, a quit smoking program, newsletters and access to qualified exercise physiologists.

The campaign is managed by a dedicated project manager who liaises with FitSense Australia, CareTrac and other service providers, to tailor the



Fitness: ACTIVE program.

program to suit ActewAGL's employee and business profile and specific health and wellness priorities. Communication to staff, including posters, newsletters, emails, intranet pages and logos, is developed in house.

ActewAGL Chief Executive Officer Michael Costello said, "ActewAGL's internal safety motto is *Work safe. Home safe. Always safe.* Our aim is for our employees to go home in an even better condition than what they came to work in.

This is why we've significantly invested in the ACTIVE program."

"The program has been both popular and successful with 70 per cent of staff participating and 99 per cent reporting they were satisfied or very satisfied with it. We're also seeing some very real business benefits such as decreases in sick days."

The main objectives of the program are to:

- Improve the level of employee health at both an individual and collective level
- Increase productivity and reduce costs
- Reduce health risk factors to support productivity
- Assist ActewAGL in positioning itself as an 'employer of choice' to attract and retain employees
- Improve morale

To find out more, visit www.actewagl.com.au